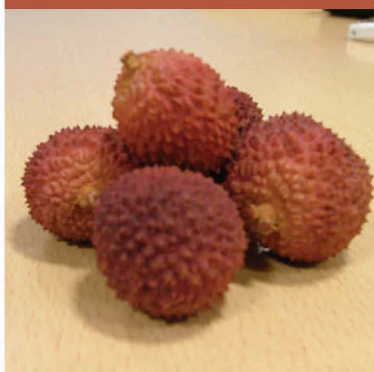


Lychees



1 Peel away skin using fingers.

2 Pull fruit apart and remove stone before eating.

6 = 1 of
your 5
a day

Tips

Delicious on their own or sprinkle with ground ginger.